#### 18TH SUNDAY IN ORDINARY TIME YEAR B

No one lives on bread alone, but on every word that comes from the mouth of God.

#### **PARISH BULLETIN, 1st August 2021**

WYONG CATHOLIC PARISH
ST CECILIA'S CHURCH & ST JOHN FISHER MASS CTR
Under the Pastoral Care of the
Society of Our Lady of The Most Holy Trinity (SOLT)

VISION The wyong Catholic Parish is a welcoming, caring dynamic community MISSION STATEMENT We will live and proclaim the message of the Gospel: Engage, Participate, Reach out and Transform



### REFLECTION 1ST AUGUST Gospel Jn 6:24-35

Reproduced from God's Word 2021: Daily Reflections, published by St Pauls Publications, Strathfield

When Scripture speaks of 'bread', it can bring to mind not only physical food, but the experience of human hunger and contentment, as well as God's providence, spiritual nourishment, and the work of human hands. Pause to consider 'bread' in your life, including the deepest hungers and satisfactions of your heart; the blessings in your life and the work of your own hands.

Today's readings bring together all these dimensions. In John's Gospel Jesus reminds his listeners that the miraculous *manna* of the Exodus story is God's gift, given to strengthen them spiritually and physically. Amid harsh desert conditions the miracle serves to call the Israelites to trust God who feeds them with 'bread from heaven' (Psalm 77). Flowing from this sacred memory, something new and extraordinary is taking place for Jesus' listeners. The Father's gift come down from heaven and into the world to feed, nourish and give life, is Jesus himself, 'the bread of life'. To receive Jesus is to receive the Father, to be enlivened with the very life of God. As Catholics we hear in this Gospel a powerful summons to Eucharistic faith.

#### **Pope Francis'** Prayer Intention for August

**The Church** Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

### SAFEGUARDING MESSAGE:

A child safe and friendly Parish values children and understands safety doesn't just happen. A commitment to protecting children is embedded in the Parish's culture and is understood and accepted by everyone.

Learn more about the Rights of the Child Framework published by the Diocese of Broken Bay. Consider how your personal practices reflect the human and spiritual rights of the child in everyday encounters with children and young people.

Visit link below: https://www.bbcatholic.org.au/ ourfaith/safeguarding/ diocesansafeguarding

#### **IMPORTANT** - LOCKDOWN EXTENDED BY 4 WEEKS

- #GreaterSydney, #CentralCoast, #BlueMountains, #Wollongong, #Shellharbour

Given low vaccination rates, the current lockdown will remain in place for another four weeks, until Saturday, 28th August at 12:01AM across Greater Sydney including the Central Coast, Blue Mountains, Wollongong and Shellharbour.

This extra time will allow NSW residents to significantly increase the uptake of vaccines in areas most affected by the current outbreak and across the state.

Premier Gladys Berejiklian said higher vaccination rates and following the health orders are the only way to guarantee the further easing of restrictions.

Due to this announcement St Cecilia's Church and St John Fisher Mass Ctr will remain closed until the stay home order is lifted. The Parish office is not open to visitors at this time, you can contact the office on 0424 763 734 or 4352 1011.

Please join us as we livestream Mass this Sunday at 9.30am on Facebook.

Please see the link below, don't forget to like and follow our Facebook page.

www.facebook.com/wyongcatholicparish



#### **Fan the Flame**

Towards Plenary Assembly One October 2021

"I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

Matthew 28:16-20

The ethical and missionary implications of the Eucharist for the Church's communion of faith will always be incomplete while the poor go hungry, for "we cannot properly receive the Bread of Life without sharing bread for life with those in want".

www.plenarycouncil.catholic.org.au/fantheflame/



#### **Property Transfer Professionals**

ARLENE BARNETT Licensed Conveyancer - JP 02 4353 1340 48A Pacific Hwy Wyong propertytransfer@bigpond.com

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#### FEAST DAY 6TH AUGUST TRANSFIGURATION OF THE LORD

**Reading Pet 1:16-19 Gospel Mk 9:2-10** 

Reproduced from God's Word 2021: Daily Reflections, published by St Pauls Publications, Strathfield

At the Transfiguration the disciples glimpse the glory that belongs to Jesus in his unique relationship with the Father. It is a manifestation that takes the disciples beyond what they know and points to future events. At the same time, the Transfiguration affirms what has gone before in salvation history. The transfigured Jesus converses intently with Moses and Elijah, towering biblical figures representing the two great pillars of Judaism: the Law and the Prophets. In his personal identity Jesus is both the Son of God and 'an authentic son identity, but reveals its deepest truth. In the words of St Irenaeus, 'The glory of God is a human being fully alive'!

# Are you struggling to pay the bills? CatholicCare can help with Coles or Woolworths vouchers.

Times are tough. You might have lost work due to the lockdown, or you might be finding it hard to put food on the table. Please call CatholicCare on (02) 9481 2600 or email them at <a href="mailto:info@catholiccaredbb.org.au">info@catholiccaredbb.org.au</a>. They are here to help our parish families.

Please note this support is able to be offered due to Government funding so they will require ID and some documentation to access assistance but they can walk you through the requirements.

#### **National Catholic Men's Gathering 2021**

"They were cut to the heart and said to Peter and the other Apostles, Brothers - what then must we do?" Acts 2:37

The National Catholic Men's Gathering for 2021 will be launched online on Saturday 31 July. Join a diocesan group with your Bishop, or with your Men's Ministry/Parish group or individually.

Three sessions will be provided online, along with reflection questions for group discussion or individual reflection.

Aim: To inspire and encourage all Catholic men with a vision for personal discipleship, service and mission in the family, parish/diocese and the world.

**Cost: FREE** 

Registration: <a href="https://www.catholicmensgathering.com.au">www.catholicmensgathering.com.au</a>
Program: Available from Saturday 31 July 2021

## Birthdays and



### **Anniversaries**

#### **AUGUST BIRTHDAYS**

Josie Campbell Pat Byrne 10/8 Rita Kerr 20/8

#### AUGUST WEDDING Anniversaries

Trish & Doug Calder 1/8/1970 Helen & Peter Beamish 15/8/1970 Margaret & Phil Bastick 19/8/1955

Christine & Garry Greentree 25/8/1973

Please contact the parish office with your Birthdays and Anniversaries, we will have a Mass said for you. Ph;4352 1011 or text Jo 0424 763 734



Phone. 1800 558 004, Mob. 0408 251 927, Fax. 02 4351 8005



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### **MASS TIMES**

#### ST CECILIA'S CHURCH

23 Byron St Wyong Saturday Vigil / Sunday Mass Times Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass Mon-Sat: 8.00am

Reconciliation/Confession Saturday morning after

the 8am Mass & Saturday at 4.30pm

#### ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

**Reconciliation/Confession** Saturday at 4.30pm

#### EMERGENCY PRIEST CONTACT

Fr Raul ph: 0450 115 099 Fr Alex ph: 0432 947 245

PARISH OFFICE 23 Byron Street Wyong Phone: 4352 1011 Po Box 385 Wyong 2259

Parish Contacts

Fr Raul Balute, SOLT ph:0450 115 099 Parish Priest

email: frraul solt@yahoo.com

Parish Coordinator Jo Helm ph: 0424 763 734 (Mon, Tues, Wed & Fri)

PARISH EMAIL: wyongparish@bbcatholic.org.au FACEBOOK: www.facebook.com/wyongcatholicparish

#### **Anointing of the Sick First Friday** of the Month

St Cecilia's During 8.00am

&11.30am Mass

**St John Fisher** During 9.15am Mass

St Barnabas, Yarramalong 1st Sun of month 11.15am

**Eucharistic Adoration** 

**St Cecilia's** Daily 7am-8am **St John Fisher** 1st Fri 8.15 - 9.15am

**Devotion to Our Lady of Perpetual** Help Sat St Cecilia's & Wed St John Fisher (after the 8am Mass)

**Devotion to the Divine Mercy St Cecilia's** Fri after the 8am Mass **St John Fisher** Fri after the 9:15am

Fr Raul/Fr Alex and the Legion of Mary visit Berkley Vale Nursing **home** 3rd Wednesday of the Month

#### Children's Liturgy

St John Fisher 5pm Mass Sunday

Prayer groups

**St Cecilia's** Rosary Group Tues after 8am mass followed by Divine Mercy St Cecilia's Legion of Mary 9am Wed

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

**Parish Pastoral Council Meeting** PPC Secretary; Kerry Bugden

ph 4388 2938 **Catechist Meeting Liturgy Meeting** 

**Sacramental Team Meeting** 

**Social Justice Meeting** 

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

**OFFICE Hours:** Mon to Thurs 9.30am to 2.30pm &

Fri 9.30am to 12pm

Assistant Priest Fr Alex Barnedo, SOLT ph:0432 947 245

email: jo.helm@bbcatholic.org.au

Parish Secretary **Helen Bath** ph:4352 1011 (Wed & Thurs)

**PARISH WEBSITE:** https://www.bbcatholic.org.au/wyong/

#### **KEEP US IN YOUR PRAYERS** Prayer: The most valuable gift you can give someone.

SICK: Len Miller, Harriet Powell, Danae Roe, Peter Ford, Harry Hall, Michael Briggs, Christine Heffernan, Jennese Thompson, Leeann Hazelton, Catherine Amey, Bernadette Kiely, Steve Durnford, Ann Durnford, Maureen Mulheron, Angela Watts, William Martin, Terence (Ted) Dafter, Finn McConnon, Margaret Hobbs, Christine, John Baxter, Joey Moloney, Jacqui Stacey, Josie Campbell, Frank Costa, Carol Dafter, Dave Rodney, Lucy Smith, Gerard Byrne, Gwen Dwyer.

RECENTLY DECEASED: Anniversary August:

### **TUGGERAH SPORTS & SPINAL PHYSIOTHERAPY**

Ricky Li Registered NDIS provider Phone 4355 4445 www.tuggerahphysio.com.au



Please join us as we livestream Mass Sunday at 9.30am on Facebook. Please see the link below, don't forget to like and follow our Facebook page. www.facebook.com/wyongcatholicparish



## Sunday Mass 1st August 2021 THE LITURGY OF THE WORD Reproduced from Liturgia

#### FIRST READING EXODUS 16:2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

#### RESPONSORIAL PSALM PS 77:3-4, 23-25, 54

#### R. The Lord gave them bread from heaven.

The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. R.

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. R.

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. R.

#### SECOND READING EPHESIANS 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

#### GOSPEL ACCLAMATION MATTHEW 4:4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

#### **GOSPEL JOHN 6:24-35**

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'



Congratulations on Wyong Catholic Parish's success in winning the Greater Central Coast Community Funding Grant.

A very big thank you to both the Greater Central Coast for the \$2000.00 grant and to everyone who voted for Wyong Catholic Parish.

Help us win a share of \$3,000 in **#GreaterCentralCoast** community funding program



\*Important details. Greater Bank Limited ABN 88 087 651 956

#### Parish Collections

**1st Collection (PRIESTS)** The financial support for Fr Raul and Fr Alex comes solely from our Parish first collection and this goes towards their upkeep and living expenses. Our Parish Priests are not financially supported by the Diocese.

**2nd Collection (Parish)** goes towards all the pastoral and operating expenses of the Parish: phones/photo copier, electricity, insurance, rates, priests vehicles, staff wages, Presbytery, Church and ground maintenance just to name a few.

- Many parishioners assist us by donating to our plan giving program via automatic credit card donations weekly or monthly.
- As we are becoming a more cashless society we ask you to please consider this option. If you wish to donate by credit card, please complete the attached credit card form or call Jo in the parish office on 0424 763 734. You can also give **by credit card** over the phone.
- For parishioners who would like to continue using plan giving envelopes, for your convenience, you are welcome to use the credit card option on the back of the plan giving envelopes.

Or you can make your donation directly into our bank account:

**1st COLLECTION**; Society of Our Lady of The Most Holy Trinity (SOLT) BSB 062 195 Account 10229389

**2<sup>ND</sup> COLLECTION**; Wyong Catholic Parish BSB 062 784 Account 13528001



#### Vox Populi - The Voice of the People

This week's *Vox Populi* comes from Carmel and Tony Smith. They have lived in the same home in Belrose for their 55 years of marriage. They are members of Frenchs Forest Parish, St Martin de Porres community in Davidson. They have four children plus a son who died aged 7 hours and 11 grandchildren. Apart from their many Parish ministries, Tony and Carmel are involved in the St Vincent de Paul Society. They are Poppy and Apple (Granny Smith) to their grandchildren.

#### The joy of being Grandparents By Carmel and Tony Smith

"I am with you always" is the theme announced by Pope Francis earlier this year for the inaugural World Day of Grandparents and the Elderly. This special day will be held annually on the fourth Sunday of July around the feast of Saints Anne and Joachim, the grandparents of Jesus.

What comforting words they are, "I am with you always!"

Our faith has always been an important part of our journey, both of us growing up in faithfilled Catholic homes and as a couple we have continued to try and pass on this faith to our children and now to our grandchildren.

We don't know much about St Anne and St Joachim but legend tells us that after years of childlessness an angel appeared to tell Anne and Joachim that they would have a child.

Anne promised to dedicate the child to God. Mary was raised in a Jewish family, faithful to God and religious traditions, so when asked, she was willing to say yes to God's request to be the mother of Jesus. Anne and Joachim would really have had to rely on their deep faith in God when Mary told them she was expecting a baby!

As proud grandparents our love is unconditional, and we are filled with hope and trust that God will guide our grandchildren to make the right decisions in life. We will never know what effect our actions, good or bad, have in their future lives but we leave it in God's hands

The pressures of life on families today and the disillusionment of so many with the Church, has reduced Mass attendance drastically, including our children. We try not to stress about this as they are good people who are very much in tune with Social Justice issues. We strive to "let go and let God'. Only He can see the future.

Covid has certainly put restrictions on our interaction with our grandchildren but in this world of technology we can keep in touch. Gathering in small groups means better communication for us oldies with hearing difficulties!

We thank God with gratitude for the joy-filled gift of being a grandparent, for our good health and giving us the time to be available for school pick up, walks, listening, reading books, helping with homework, playing games and cards, going on holidays, camping, enjoying musical recitals, sharing family stories, sometimes taking to Mass, encouraging grace before meals and the list goes on. We love to share in their special milestones and celebrations.

We wonder if Anne and Joachim were able to enjoy their grandson, Jesus, as much as we enjoy ours.

Covid restrictions have given us the opportunity to stop and to be still. "Come away and rest awhile". We can reflect on our "renewed vocation" as grandparents as we grow older. We ask the Holy Spirit to be with us as we share with our grandchildren our dreams of a better world full of justice, peace and respect. We pray our ongoing commitment of giving and sharing and reaching out to others through the St Vincent de Paul Society and Parish activities will bear fruit.

May Saints Joachim and Anne, as faith filled grandparents of Jesus, be an inspiration to us all.

Carmel and Tony Smith have lived in the same home in Belrose for their 55 years of marriage. They are members of Frenchs Forest Parish, St Martin de Porres community in Davidson. They have four children plus a son who died aged 7 hours and 11 grandchildren. Apart from their many Parish ministries, Tony and Carmel are involved in the St Vincent de Paul Society. They are Poppy and Apple (Granny Smith) to their grandchildren.

#### **Parish Online Formation Sessions**

The Parish Renewal & Discipleship Team would like to offer our parishes the following opportunities to brush up on zoom skills, and to explore online faith formation initiatives.

We hope that these sessions will be able to support you in some key skills and tools that are especially useful in this lockdown time and beyond.

Please register on the links given, and a zoom link for the session will be sent to you after registration. These sessions will be presented by Pina Bernard. For any enquiries or assistance with accessing zoom in the first instance, please contact Pina at <u>pina.bernard@bbcatholic.org.au</u> or 0432 682 239.

#### **Zoom Basics for Parish and Ministry Leaders**

Learn about the basics of Zoom, and find out about how to make the most of the features of this online tool.

Date: Friday 30 July Time: 11:00am – 12:00pm

Registration: <a href="https://bbcatholic.zoom.us/meeting/register/tJUrce6oqTwjEtTSnxOqS3mWXOYvYl4dmiMe">https://bbcatholic.zoom.us/meeting/register/tJUrce6oqTwjEtTSnxOqS3mWXOYvYl4dmiMe</a>

#### **Online Faith Formation: Showcasing FORMED**

With many online Catholic resources now available, this session will explore how to take faith formation online in an effective way. A number of available resources and methods will be discussed.

In particular, we will showcase the FORMED platform. FORMED (Formed.org) is an online streaming service of Catholic content run by the Augustinian Institute, with over 4000 items including courses, movies, e-books, audio files and children's materials. Come and see a demonstration to better understand how it can be used in parish life.

Date: Friday 6 August Time: 11:00am – 12:00pm

Registration: https://bbcatholic.zoom.us/meeting/register/tJMud-urrDspGdBP3ejqsu XqzYHZI5glDhC